

# KFC Box Meals South Africa

**KFC box meals** are popular individual meal options available at KFC South Africa that give you a complete meal in one convenient box. These meals include chicken pieces or burgers along with sides like chips, coleslaw, or a drink, making them a practical choice for lunch or dinner when you're eating alone. **KFC box meals South Africa** come in different varieties to suit different appetites and preferences, from lighter options to more filling combinations that keep you satisfied throughout the day.

The **KFC menu box meals** are designed to save you time and effort when ordering. Instead of choosing multiple items separately, you get everything pre-packaged in one box at a set price. This makes ordering quicker and easier, especially during busy lunch hours or when you're in a hurry. The boxes typically feature KFC's signature chicken prepared in Original Recipe or Zinger style, paired with classic sides that complement the main item. You can choose from options like the Streetwise range, All Star Box, or other box meal varieties depending on what's available at your local KFC.

## KFC Box Meals - Complete Price List

Box Meal	Price (ZAR)
Jalapeno Boxmaster – Mega Box Buddy	R114.90
Dunked Boxmaster – Mega Box Buddy	R114.90
Doritos Cheese Boxmaster – Mega Box Buddy	R114.90
Wicked Zinger Box Lrg Buddy (With Colonel Burger)	R112.90
Wicked Zinger Box Lrg Buddy (With Zinger Burger)	R112.90
Fully Loaded Box Lrg (With Colonel Burger)	R107.90
Fully Loaded Box Lrg (With Zinger Burger)	R107.90
Wicked Zinger Box Buddy (With Colonel Burger)	R107.90

Wicked Zinger Box Buddy (With Zinger Burger)	R107.90
Wicked Zinger Box Lrg (With Colonel Burger)	R107.90
Wicked Zinger Box Lrg (With Zinger Burger)	R107.90
Jalapeno Boxmaster – Mega Box	R104.90
Dunked Boxmaster – Mega Box	R104.90
Doritos Cheese Boxmaster – Mega Box	R104.90
Fully Loaded Box Buddy (With Colonel Burger)	R102.90
Fully Loaded Box Buddy (With Zinger Burger)	R102.90
Wicked Zinger Box (With Zinger Burger)	R102.90
Wicked Zinger Box (With Colonel Burger)	R102.90
Fully Loaded Box (With Colonel Burger)	R97.90
Fully Loaded Box (With Zinger Burger)	R97.90
Dunked All Star Box Buddy	R92.90
All Star Box Buddy	R84.90
Dunked All Star Box	R82.90
Wrapsta Box Buddy	R77.90
All Star Box	R74.90
BBQ Boxmeal Buddy	R74.90
Dunked Boxmeal Buddy	R74.90
Jalapeno Boxmeal Buddy	R74.90
Wrapsta Box	R67.90
BBQ Boxmeal	R64.90
Dunked Boxmeal	R64.90

Jalapeno Boxmeal	R64.90
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## KFC Box Meals - Nutrition Information

Each KFC box meal has different calorie and nutritional values depending on the specific items included. The total calories can range from around 600-1200 calories per box, with factors like chicken preparation style (Original Recipe vs Zinger), side choices, and portion sizes affecting the final count. Box meals containing fried chicken, chips, and creamy sides naturally have higher fat and calorie content.

Box Meal Type	Calories (kJ)	Protein (g)	Carbs (g)	Fat (g)	Sodium (mg)
Small Box (Burger + Chips)	2,800-3,200	25-35	85-95	35-45	1,200-1,500
Medium Box (Burger + Wings + Chips)	3,500-4,200	40-50	95-110	48-58	1,600-2,000
Large Box (Burger + Chicken + Sides)	4,500-5,500	55-65	110-130	60-75	2,200-2,800
Mega Box (Multiple Items)	5,500-6,800	65-80	130-150	75-95	2,800-3,500

**Note:** Nutritional values are approximate and may vary based on specific ingredients and portion sizes. Customers with dietary restrictions or allergies should consult with KFC staff for detailed allergen information before ordering.

## Frequently Asked Questions (FAQs)

### **Q: What's included in a KFC box meal?**

A: A typical KFC box meal includes a main item (burger or chicken pieces), chips, wings or nuggets, and a drink. Popular boxes like the All-Star Box include a Crunch Burger, 1 piece of Original Recipe Chicken, 2 Zinger Wings, small chips, and a regular drink.

### **Q: What are the KFC box meals prices?**

A: KFC box meal prices range from R64.90 for basic Boxmeals to R114.90 for Mega Box Buddy options. Popular individual boxes like the All-Star Box cost R74.90-R84.90, while the Fully Loaded Box ranges from R97.90 to R107.90.

### **Q: Which is the cheapest KFC box meal?**

A: The BBQ Boxmeal, Dunked Boxmeal, and Jalapeno Boxmeal at R64.90 are the most affordable options. The Wrapsta Box at R67.90 is also a budget-friendly choice for those looking for value.

### **Q: What is included in the Fully Loaded Box Meal?**

A: The KFC Fully Loaded Box meal includes a Colonel Burger or Zinger Burger, 1 piece of chicken, regular mashed potatoes with gravy, chips, and a soda drink. Prices range from R97.90 to R107.90 depending on size and options.

### **Q: Are KFC box meals available for delivery?**

A: Yes, KFC box meals are available for delivery through the KFC app, Uber Eats, Mr D Food, and Bolt Food. Delivery prices may be slightly higher than in-store or drive-thru prices.

**Disclaimer:** Prices and menu items are subject to change without notice. Please visit [www.kfcmenu.co.za](http://www.kfcmenu.co.za) or check with your local KFC restaurant for the most current pricing and availability. This document is for informational purposes only.